



FREE SPIRIT
HOLISTIC MOUNTAIN SPA



GIFTS THAT GO ABOVE AND BEYOND

Royal decrees have been printed on lokta bark paper since the twelfth century. It's still made for our gift boxes in the ancient way — pressed, dried and dyed by hand. The Nepali people say this strong and beautiful, acid-free paper can last for 1,000 years. **This is a gift for all of us.**



*One per person, please. While supplies last at participating locations. Offer expires 1/31/2012. Cap is 85% post-consumer polypropylene developed by our Cap Collection Program, an industry first.

Recycle
Aveda, Corp., Minneapolis, MN 55449-7106
800.238.0113 USA / 763.951.6999 (international)

PUT HAPPINESS IN YOUR HANDS
Receive a free 25 ml sample of hand relief** with recycled cap* when you bring in this brochure. While you're here, let us help you find gifts for everyone on your list. You can create your own unique gift set or simply select a gift card.

THE ART AND SCIENCE OF PURE ESSENCE AND PLANT EXTRACTS
AVEDA

FREE SPIRIT HOLISTIC MOUNTAIN SPA
2234 N. 5500 E. Ste. C
Eden, UT 84310

A GIFT OF HIMALAYAN HAPPINESS

gifts to loved ones also improve lives in Nepal



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AVEDA
THE ART AND SCIENCE OF PURE ESSENCE AND PLANT EXTRACTS

photographed in the Himalayas of Nepal

IMPROVING LIVES IS A GIFT

Our 4 years of buying paper from Nepal* for our gift sets have made a **huge difference to families** there. We've increased our purchase from 129,900 sheets to 339,050. So we're helping support nearly 1,000 full-time and 2,800 part-time papermakers. That means almost **1,000 families can buy food and clothing, fix a leaky roof, send their children to school.** Fewer fathers need to leave home to find work. Protecting 34,000 acres of forest also fights climate change. **This is a gift for all of us.**



SCAN TO VIEW VIDEO** — see how paper is helping fight poverty in Nepal. Or text HOLIDAY to Aveda for link.

All Aveda holiday gift sets are available at Free Spirit.

2234 N. 5500 E. Ste. C
Eden, UT 84310

801.745.3630



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*2007, 2008, 2009, 2011.

**Message and data rates may apply.



THE GIFT OF REFRESH-MINT

rosemary mint shampoo
rosemary mint conditioner
rosemary mint body lotion

\$35*
(\$44 value)



GROOM HIM FOR ANY ADVENTURE

travel-size aveda men pure-formance™
shampoo, conditioner, shave cream
and dual action aftershave

\$29*
(\$31 value)



GIVE TIME FOR TRANQUILITY

replenishing body moisturizer
limited-edition size Smoothing body polish
limited-edition size soothing aqua therapy

\$49*
(\$54.50 value)



TIME FOR GROUNDING IS A GIFT

grounding soy wax candle
with certified organic vanilla, ginger and cassia

\$29*



LIVE LIFE VIBRANTLY

color conserve™ shampoo
color conserve™ conditioner
damage remedy™ daily hair repair

\$49*
(\$56 value)



GREAT HAIR IS A GIFT

smooth infusion™ shampoo, conditioner and
travel-size style-prep smoother™
travel-size glossing straightener

\$54*
(\$61.50 value)



THE GIFT THAT LETS THEM SHINE

golden prism mini lip shine
pomelo mini lip shine

\$15*



THE GIFT OF PURE RELIEF

hand relief™ and foot relief™
travel-size hand relief™ and foot relief™

\$48*
(\$56 value)